



**65th All Nigeria/Cross Rivers  
Athletics Championships  
"CROSS RIVERS 2011"  
23rd -25th June, 2011**



WR: 1:25:08  
AF: 1:34:19  
NR:

7.00am		20Km Walk Race	Women	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	109	Davis Joy	CDA	18/11/1990	1:46.35.83sec NNR
2nd	1000	Idahosa Florence	Red Lion		1:49.10.01sec
3rd	479	Henshaw Queen	Police		1:51.21.38sec
4th	474	Asedo Queensly	Police		1:56.04.98sec
5th	125	Aniyi Bolanle	Christable	25/10/1982	1:59.00.20sec
6th	999	Faustina Ogua	Anambra		2:02.15.73sec

NNR New National Record, subject to ractification

WR: 1:17:16  
AF: 1:17:16  
NR: 1:36.30

7.15am		20km Walk Race	Men	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	495	Adeyemi Kazeem	Police	3/1/1985	1:35.15.76sec NNR
2nd	534	Seyi Lawal	Police	15/03/1991	1:36.27.88sec
3rd	119	Elegbede Bamidele O.	CDA	16/01/1993	1:39.19.78sec
4th	503	Alade Felix	Police	23/09/1984	1:41.01.44sec
5th	349	Hussein Yinwa	Jigawa		1:43.09.80sec
6th	129	Akande Afeez Ayiola	Christable	20/04/1992	1:46.42.44sec
7th	128	Aiyegbeni Emmanuel	Christable	20/02/1992	1:50:42.37sec

NNR New National Record, subject to ractification

WR: 2:11.96  
AF: 2:11.96  
NR: 29:04.5

8.20am		10,000m	Men	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	157	Ismael Sango	CRS	28/8/1991	30:30.10sec
2nd	95	Tokbe Christopher S	Borno		31:01.79sec
3rd	111	Gyang Emmanuel	CDA	13/08/1993	31:35.70sec
4th	172	John Bulus Jah	CD	15/2/1981	32:55.34sec
5th	358	Simon Raymond	Kaduna	3/16/1989	35:46.55sec
6th	303	Labeeb Oluyemi Alli	GEJ Sports Club		36:06.90sec
7th	397	Edogame Ayodeji.	Navy	13/05/1978	36:06.90sec
8th	900	Seriki Kayode	S/A	15/5/1994	DNF

WR: 98.48





AF: 88.75  
NR: 81.08

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9.00am		Javelin	Men	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	528	Osanyade Friday	Police	5/10/1984	66.23m
2nd	408	Ezeofor Kenechukwu	Prisons	9/7/1984	66.17m
3rd	510	Eze JohnMike	Police	6/7/1985	60.11m
4th	529	Osaze Julius	Police	27/02/1987	57.60m
5th	440	Chukwuebuka Friday	NSCDC	1/1/1993	57.36m
6th	322	Igbinosu Kingsley	ICDO	27/06/1988	53.19m
7th	346	Adamu Sani	Jigawa		50.46m
8th	60	Udeh Vebuka	ASFA Nimo	1/1/1996	49.55m

WR: 7291  
AF: 6423  
NR: 5730

9.10am		100m Hurdles	Women	Heptathlon	Wind: -0.2mps
Pos	Bib	Name	Club	D of Birth	Performance
1st	191	Osazuwa Uhunoma	Delta		13.75sec
2nd	554	Ayemobah Grace	Sloektan	26/12/81	14.24sec
3rd	235	Okoro Patience	Edo	10/7/1984	14.71sec
4th	127	Osibanjo Temidayo R.	Christable	15/05/1996	15.43sec
5th	461	Kemi Francis	Ondo	7/3/1993	15.87sec
6th	407	Uche Obi	Prison	11/6/1993	15.89sec
7th	75	Monica Ameh	Benue	12/12/1983	16.06sec
8th	47	Anefuna Anwuuka J.	ASFA Nimo	14/05/1995	20.03sec

WR: 47.60  
AF: 49.10  
NR: 49.10

9.20am		400m	Women	Heat 1	
Pos	Bib	Name	Club	D of Birth	Performance
1st	318	Uwakwe Florence Nkiru	ICDO	7/28/1994	53.18sec
2nd	189	Chizoba Okodogbe	Delta	3/11/1992	54.07sec
3rd	315	Sekinat Adesanya	Ogun	25/07/1987	54.15sec
4th	478	Ehigie Josephine	Police	1/12/1985	54.34sec
5th	140	Okin Patience	C/River	25/11/1991	54.50sec
6th	236	Adeleye Tosin	Ekiti	2/7/1991	55.54sec
7th	136	Essien Endurance	C/River	9/7/1986	60.14sec

WR: 47.60  
AF: 49.10  
NR: 49.10





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9.20am 400m

Women Heat 2

Pos	Bib	Name	Club	D of Birth	Performance
1st	430	Etim Magaret	NSCDC	92	52.77sec
2nd	314	Abogunloko Bukola	ICDO	18/08/1994	53.06sec
3rd	175	Ajoke Odumosu	Delta	24/10/1987	53.12sec
4th	276	Mayungbe Ibukun Blessing	FB	15/4/1992	53.18sec
5th	378	Rita Ossai	Mausi	10/21/1995	53.87sec
6th	432	Ihekandu Philomena	NSCDC	5/3/1990	53.88sec
7th	902	Abinbola Junaidu	Eleen		55.78sec
8th	124	Adekoya Kemi	Delta	1/16/1993	56.80sec

400m

Women Heat 3

Pos	Bib	Name	Club	D of Birth	Performance
1st	463	Omotosho Omolara	Ondo	25/5/1993	54.68sec
2nd	2	Chidinma Ogbonna	Abia		55.82sec
3rd	905	Nwaogu Ann	Rivers	1/10/1995	56.00sec
4th	907	Adegoke Charity	Delta	12/10/1993	56.75sec
5th	459	Abolawade Yetunde	Ondo	16/6/1993	57.74sec
6th	6	Mary Ann Eloame	Abia		57.77sec
7th	386	Chioma Okafor	Mountainer		63.23sec

WR: 43.18  
AF: 44.10  
NR: 44.1

9.35am 400m

Men Heat 1

Pos	Bib	Name	Club	D of Birth	Performance
1st	446	Noah Akwu	Civil Defence		48.33sec
2nd	517	Madunta Chukwuma	Police		48.72sec
3rd	204	Njotech Peter	Delta	9/9/1993	48.85sec
4th	156	Nwosu Vitalis Daniel	CR		48.91sec
5th	550	Isa Umar	Rivers	7/14/1994	49.20sec
6th	466	Ogunmakinju Adeleye	Ondo		49.27sec
7th	912	Udofa Udora	Akwa Ibom		51.06sec

WR: 43.18  
AF: 44.10  
NR: 44.17s

9.35am 400m

Men Heat 2

Pos	Bib	Name	Club	D of Birth	Performance
1st	533	Segun Ogunkole	Police		47.23sec
2nd	94	Saul Weigopwa	Border Post	6/14/1984	47.25sec
3rd	508	Ekundayo Sehubo	Police		48.61sec
4th	116	Adeosun Femi	CDA		48.93sec
5th	18	Anosike Promise	Abia		49.18sec
6th	291	Oto Cyprian	FCT		49.70sec
	121	Oyewole Adeboye	Civil Defence		DNF

400m

Men Heat 3

Pos	Bib	Name	Club	D of Birth	Performance
1st	443	Godday James	NSCDC		45.88sec
2nd	226	Augustine Ogochukwu	Eagle		47.28sec
3rd	454	Victor Isaiah	NSCDC		47.68sec
4th	162	Isah Salihu	Custom		47.76sec





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5th	511	Habila Danjuma	Police	23rd - 25th June, 2011	47.82sec
6th	437	Ajasa Sunday	NSCDC		48.21sec
7th	153	George Inyang	CRS		51.03sec

400m Men Heat 4

Pos	Bib	Name	Club	D of Birth	Performance
1st	324	Ogunmola Tobi	NSCDC		46.45sec
2nd	450	Abiola Onakoya	NSCDC		46.66sec
3rd	152	Ifiok Andrew	CRS		49.09sec
4th	149	Edidimy Isong	CRS		50.48sec
5th	158	Atiata Daniel Sunday	CRS		50.78sec
6th	913	Owuedoho Usua	Akwa Ibom		51.90sec
7th	576	Ugochukwu Okeke			DNS

High Jump Women Heptathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	191	Osazuwa Uhunoma	Delta		1.79m
2nd	235	Okoro Patience	Edo	10/7/1984	1.73m
3rd	127	Osibanjo Temidayo R.	Christable	15/05/1996	1.45m
4th	461	Kemi Francis	Ondo	7/3/1993	1.45m
5th	75	Monica Ameh	Benue	12/12/1983	1.40m
6th	407	Uche Obi	Prison	29/10/1980	1.40m
7th	47	Anefuna Anwuuka J.	ASFA Nimo	14/05/1995	1.30m

WR: 9.58

AF: 9.85

NR: 9.85

11.00am 100m Men Heat 1 Wind: -0.2mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	402	Emelieze Peter	Prisons	19/4/1988	10.47sec Q
2nd	17	Mmaju Jonathan	Abia	9/11/1989	10.71 sec Q
3rd	170	Imhoaperamhe Nicholas	Defender	18/04/1992	10.71sec
4th	280	Funso Joseph	British Army	9/8/1986	11.15sec
5th	538	Ogedengbe Johnson	Real Winners	6/24/1992	11.55sec
6th	214	Ogunlewe Adeseye	Delta Force	8/30/1991	DNS

First 3 and 1 fastest loser qualify for semi final

WR: 9.58

AF: 9.85

NR: 9.85

11.00am 100m Men Heat 2 Wind: +1.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	200	Egwero Ogho-Ogene	Delta	26/11/1988	10.44sec Q
2nd	403	Onyeakwu Chukwuma	Navy	6/9/1987	10.50sec Q
3rd	211	Ukale Elvis	Delta	6/3/1991	10.50sec q
4th	198	Azie Stanley	Delta	13/03/1991	10.64sec q





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5th	380	Unegbu Peter	Mega Book	10/26/1986	10.66sec
6th	413	Nwanze Christopher	Prisons	5/12/1981	11.10sec
7th	146	Bassey Kingsley	Cross River		11.11sec

First 3 and 1 fastest loser qualify for semi final

WR: 9.58  
AF: 9.85  
NR: 9.85

11.00am 100m Men Heat 3 Wind: -0.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	202	Gboyega Bamise	Delta	1/7/1985	10.60sec Q
2nd	415	Ufomba Chimere Elvis	Prisons	24/04/1990	10.64sec Q
3rd	215	Oletu Nathaniel	Delta Force	10/11/1990	10.72sec
4th	520	Ogunjobi Lukman	Police	13/07/1994	10.93sec
5th	498	Ahmed Kasumu	Police	6/3/1987	DNS
6th	154	Koffi Sylvester	Cross River		DNS
7th	340	Durotoye Adetoyi	Immigration		DNS

First 3 and 1 fastest loser qualify for semi final

WR: 9.58  
AF: 9.85  
NR: 9.85

11.00am 100m Men Heat 4 Wind: 0.6mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	411	Metu Obinna	Prisons	12/7/1988	10.35sec Q
2nd	451	Oriala Chinedu	NSCDC	17/11/1983	10.67sec Q
3rd	467	Oladimeji Olaniyi	Ondo	21/1/1992	10.75sec
4th	338	Bamidele Taiwo	Immigration	12/12/1982	10.76sec
5th	502	Akomolafe Ademola	Police	1/2/1994	10.88sec
6th	160	Ugwu Tony	Cross River		11.15sec

First 3 and 1 fastest loser qualify for semi final

WR: 9.58  
AF: 9.85  
NR: 9.85

11.00am 100m Men Heat 5 Wind: 0.7mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	46	Adukwu Benjamin	Army		10.71sec Q
2nd	161	Usoro Ekom	Cross River		10.72sec
3rd	412	Ngogwu Onyeabor	Prisons	3/10/1983	10.74sec
4th	906	Tamunosiki Atorudibo	Rivers	21/03/1985	10.79sec
5th	201	Gbagbeke Stanley	Delta	24/07/1989	10.86sec
6th	169	Emuobosa Agbuwa	Defender	19/12/1989	10.92sec





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7th	13	Chukwudike Harry	Abia	9/1/1994	DNS
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100m Men Heat 6 Wind: -1.2mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	512	Henry Azike	Police		10.51sec Q
2nd	117	Fred Agbaje	NSCDC	26/6/1988	10.58secQ
3rd	207	Ogunlewe Adesheye	FB/Delta		10.77sec
4th	196	Benedict Ajidua	Delta		10.83sec
5th	468	Ogundims Aniagonu	Ondo		10.88sec
6th	130	Nicholas Akinniyi	Christable		11.00sec
7th	505	Okwonma Chidike	Police		11.01sec
8th	325	Oyebiyi Ayobamide	ICDO		11.08sec

100m Men Heat 7 Wind: -1.2mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	11	Udeage Eberechi	Abia	1988	10.78sec Q
2nd	120	Ogunmakinju Tosin	CDA	3/3/1993	10.84sec Q
3rd	245	Odelusi Ayokunle	Ekiti	18/4/1989	10.90sec
4th	257	Nwosu Christian	Enugu	1984	11.02sec
5th	500	Akinige Abanbala	Police	13/5/1994	11.06sec
6th	287	Innocent Attah	FCT	1993	11.08sec
7th	465	Kamilu I.	Ondo	23/6/1988	11.18sec
8th	606	Anunobi Ugochukwu	Akwa Ibom		Disqualified

100m Men Heat 8 Wind: -2.1mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	553	Sanni Mhammed	Rivers	1/10/1994	11.25sec
2nd	351	Abejoye Oyeniyi	Eagle Sight	4/1/1994	11.26sec
3rd	399	Aliyu Nusa A.	Navy	30/10/1990	11.27sec
4th	908	Uko Anthony	Akwa Ibom	30/11/1990	11.29sec
5th	261	Nwede Davies	Enugu	21/9/1994	11.49sec
6th	225	Akin Adetola	Eagle Sight	11/10/1995	11.58sec
7th	227	Edoh Samson	Eagle Sight	19/3/1994	11.89sec

11.30pm Shot Put Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	278	Okoro Chinwe	FB	20/06/1989	16.79m
2nd	195	Talabi Omotayo	Delta		15.00m
3rd	427	Chime Nkechi	NSCDC	12/3/1993	13.72m
4th	186	Ogbukwo Eucharia	Delta		12.30m
5th	252	Stella Okpokwu	Enugu		12.01m
6th	491	Uju Anolefo	Police	14/01/1974	11.77m
7th	77	Priscilla Zever	Benue	5/12/1993	11.56m
8th	487	Osaki-Peri Obubuleye	Police	23/01/1970	11.35m

Shot Put Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	408	Ezeofor Kenechukwu	Prisons		15.90m
2nd	206	Nwoye Augustine	Delta		15.87m





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Pos	Bib	Name	Club	D of Birth	Performance
3rd	572	Tunde Adeyemi	Oyo	23rd -25th June, 2011	14.31m
4th	199	Ebube Virginus	Delta		14.23m
5th	552	Onukwe Ifeanyi	Rivers		13.19m
6th	243	Akinyemi Victor	Ekiti		13.60m
7th	131	Olatunji Olawale	Christable		13.60m
8th	80	Burogo Joseph	Benue		13.21m

Triple Jump		Women		Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	545	Iworima Otonye	Rivers	13/04/1976	13.70m +1.9
2nd	431	Ibrahim Blessing	NSCDC	4/4/1990	13.51m +1.9
3rd	234	Nkiruka Domike	Edo		13.49m +1.7
4th	328	Ajijo Chinonyelum	Immigration		12.94m +2.2
5th	134	Edem Euphemia	CRS		12.74m +0.8
6th	925	Mary Otuorah	Rivers		12.60m +2.0

100m		Men		Final	Wind: 1.7mps
Pos	Bib	Name	Club	D of Birth	Performance
1st	200	Egweru Ogho Oghene	Delta	26/11/1988	10.34sec
2nd	411	Metu Obinna	Prisons	12/7/1988	10.35sec
3rd	402	Emelieze Peter	Prisons	19/04/1988	10.48sec
4th	198	Azie Stanley	Delta	13/03/1991	10.54sec
5th	211	Ukale Elvis	Delta	6/3/1991	10.58sec
6th	451	Oriala Chinedu	NSCDC	17/11/1983	10.59sec
7th	46	Adukwu Benjamin	Army		10.60sec
8th	403	Onyeakwu Chukwuma	Navy		10.66sec

100m		Women		Final	Wind: 0.9mps
Pos	Bib	Name	Club	D of Birth	Performance
1st	188	Okagbare Blessing	Delta	9/10/1988	11.22sec
2nd	434	Osayomi Oludamola	NSCDC	26/06/1986	11.23sec
3rd	271	Asunmu Gloria	FB	22/5/1985	11.36sec
4th	181	Endurance Abinuwa	Delta	31/07/1987	11.37sec
5th	317	Osazuwa Agnes	ICDO	26/06/1989	11.49sec
6th	26	Odeyemi Oluwaseun	A-Class	21/11/1995	11.76sec
7th	115	Sule Justina	CDA	30/7/1989	11.97sec
8th	113	Omaka Josephine	CDA		13.41sec

2.05pm		Shot put		Women		Heptathlon	
Pos	Bib	Name	Club	D of Birth	Performance		
1st	235	Okoro Patience	Edo	10/7/1984	12.64		
2nd	191	Osazuwa Naomi	Delta	23/11/1987	11.89		
3rd	461	Kemi Francis	Ondo	7/3/1993	10.62		
4th	47	Anefuna Anwuuka J.	ASFA Nimo	14/05/1995	9.17		
5th	75	Monica Ameh	Benue	12/12/1983	9.00		
6th	554	Ayemobah Grace	Sloektan	26/12/81	8.94		
7th	407	Uche Obi	Prisions	11/6/1993	8.91		
8th	127	Osibanjo Temidayo R.	Christable	15/05/1996	8.72		

2.40pm		110m Hurdles		Men		Semi Final		wind: -0.3mps
Pos	Bib	Name	Club	D of Birth	Performance			
1st	281	Nurudeen Selim	FB	1/2/1983	14.24			
2nd	123	Utip Wisdom Benjamin	CDA	25/01/1992	14.43			
3rd	920	Deinma Afiesimama	Rivers		14.59			
4th	122	Pesu Godfry	CDA	10/7/1988	14.66			





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5th	927	Erese Nosayaba	Edo	29/06/1985	14.92
6th	258	Jachike Ozor	Enugu		15.12

2.40pm 110m Hurdles Men Semi Final 2 wind: - 1.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	519	Oghiriaki Martins	Police	6/6/1993	14.05
2nd	447	Okon Gabriel	NSCDC	6/5/1983	14.16
3rd	518	Ogedegbe Tosin	Police	10/7/1989	14.57
4th	921	Chime Zedekiah	Rivers		14.77
5th	223	Abejoye Oyeniyi	Eaglesight	16/01/94	15.13

4.00pm 200m Women Heptathlon wind: -1.6mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	554	Ayemobah Grace	Sloektan	26/12/81	24.72
2nd	191	Osazuwa Naomi	Delta	23/11/1987	24.74
3rd	461	Kemi Francis	Ondo	7/3/1993	25.24
4th	235	Okoro Patience	Edo	10/7/1984	26.86
5th	127	Osibanjo Temidayo R.	Christable	15/05/1996	27.21
6th	407	Uche Obi	Prisons	29/10/1980	27.75
7th	47	Anefuna Anwuuka J.	ASFA Nimo	14/05/1995	28.39
8th	75	Monica Ameh	Benue	12/12/1983	28.52

4.00pm Triple Jump Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	545	Iworima Otonye	Rivers	13/4/1976	13.70m
2nd	431	Ibrahim Blessing	NSCDC	4/4/1990	13.51m
3rd	234	Nkeiruka Domike	Edo		13.49m
4th	328	Ajijo O. Chinonyelum	Immigration	3/24/1986	12.94m
5th	134	Edem Euphemia	Cross River		12.74m
6th	925	Otuorah Mary	Rivers	18/02/1994	12.60m

4.20pm 100m Women Semi Final 1 wind: -1.6mps

Pos	Bib	Name	Club	D of Birth	Performance
1	188	Okagbare Blessing	Delta	9/10/1988	11.20
2	181	Endurance Abinuwa	Delta	31/07/1987	11.48
3	317	Osazuwa Agnes	ICDO	26/06/1989	11.53
4	114	Sule Justina	CDA	30/07/1989	11.99
5	113	Omaka Josephine Ada	CDA	29/11/1993	12.03
6	132	Bassey Miriam	Cross River	18/5/1991	12.24
7	475	Blessing Ibrah	Police	10/1/1992	12.32
	537	Onyia Ogechukwu	Real Winners	6/28/1974	dns

4.20pm 100m Women Semi Final 2 wind: -2.8mps

Pos	Bib	Name	Club	D of Birth	Performance
1	434	Osayomi Oludamola	NSCDC	26/06/1986	11.63
2	271	Asumnu Gloria	FB	22/05/1985	11.64
3	26	Odeyemi D Oluwaseun	A-Class	21/11/1995	12.03
4	177	Benson Margaret	Delta	6/28/1992	12.04
5	426	Akene Susan O	NSCDC	23/03/1989	12.07
6	106	Adekunle Jasper	CDA	8/5/1990	12.22
7	490	Thomas Goodness	Police	12/8/1993	12.25





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8	143	Uko Peace	Cross River	23rd - 25th June, 2011	12.30
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11.00am 100m Men Semi Final 1 wind: -1.2mpss

Pos	Bib	Name	Club	D of Birth	Performance
1	411	Metu Obinna	Prisons	12/7/1988	10.36
2	451	Oriala Chinedu	NSCDC	17/11/1983	10.62
3	46	Adukwu Benjamin	Army	23/11/1989	10.65
4	512	Henry Azike	Police	1/7/1989	10.73
5	161	Usoro Ekom	Cross River	7/3/1991	10.81
6	467	Oladimeji Olaniyi	Ondo	2/1/1992	10.89
7	196	Benedict Ajudua	Delta	6/5/1986	10.90
8	380	Unegbu Peter	Mega Rock	10/26/1986	10.94

11.00am 100m Men Semi Final 2 wind: -2.7mpss

Pos	Bib	Name	Club	D of Birth	Performance
1	200	Egwero Ogho-Ogene	Delta	26/11/1988	10.60
2	211	Ukale Elvis	Delta	6/3/1991	10.81
3	338	Bamidele Taiwo	Immigration	12/12/1982	10.82
4	906	Tamunasiki Atorudibo	Rivers	21/03/1985	10.83
5	202	Gboyega Bamise	Delta	1/7/1985	10.94
6	17	Mmaju Jonathan	Abia	9/11/1989	10.95
7	215	Oletu Nathaniel	Delta Force	10/11/1990	10.97
8	412	Ngogwu Onyeabor	Prisons	3/10/1983	11.02

11.00am 100m Men Semi Final 3 wind: -2.0mpss

Pos	Bib	Name	Club	D of Birth	Performance
1	207	Ogunlewe Adeseye	Delta Force	8/30/1991	10.51
2	198	Azie Stanley	Delta	13/03/1991	10.63
3	403	Onyeakwu Chukwuma	Navy	6/9/1987	10.65
4	117	Agbaje Fred	NSCDC	26/6/1988	10.69
5	415	Ufomba Chimere Elvis	Prisons	24/04/1990	10.79
6	170	Imhoaperamhe Nicholas	Defender	18/04/1992	10.9
7	11	Austin Eberechi Udeagu	Abia	14//08/1988	10.91
8	402	Emelieze Peter	Prisons	19/4/1988	dns

5.00pm 5,000m Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1	381	Debora Pam	Mountainers	11/9/1990	17:18.87s
2	355	Micheal Blessing	Kaduna	4/10/1996	17:38.48s
3	458	Agidi Omoyemi	Ondo		17:39.20s
4	429	Dung Janet	NSCDC	2/1/1987	17:53.09s
5	72	Iwanger Akaha	Benue	6/14/1992	18:02.57s
6	382	Kuda Gany	Montainer		18:12.49s
7	74	Mbawuhen lorember	Benue	4/21/1994	18:31.61s
8	547	Pereira Oluwabukila	Rivers	10/12/1995	19:57.49s
9	932	Mary Joseph	Police	3/1/1987	20:13.49s
	357	Peter Blessing	Kaduna	3/15/1996	dnf





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9.05am Long Jump Women Heptathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	191	Osazuwa Naomi	Delta	23/11/1987	5.89m +0.0
2nd	554	Ayemobah Grace	Sloektan	26/12/81	5.38m +0.0
3rd	235	Okoro Patience	Edo	10/7/1984	5.29m +0.0
4th	461	Kemi Francis	Ondo	7/3/1993	5.07m +0.0
5th	407	Uche Obi	Prisons	29/10/1980	5.00m +0.0
6th	75	Monica Ameh	Benue	12/12/1983	4.86m +0.0
7th	127	Osibanjo Temidayo R.	Christable	15/05/1996	4.73m +0.0
8th	47	Anefuna Anwuuka J.	ASFA Nimo	14/05/1995	4.17m +0.0

9.50am 200m Women Heat 1 Wind: -0.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	434	Osayemi Oludamola	NSCDC	26/06/1986	23.62sec
2nd	181	Endurance Abinuwa	Delta	31/07/1987	23.67sec
3rd	935	Sokan Igbinosa	Edo		24.61sec
4th	415	Blessing Ibirah	Police	10/1/1992	24.75sec
5th	106	Adekunle Jasper	CDA		24.90sec
6th	237	Jethro Bunmi	Ekiti		24.95sec
7th	379	Idara Nse Daniels	Mega Rock		25.66sec
8th	564	Nkeiruka Onuejizu			25.68sec

9.50am 200m Women Heat 2

Pos	Bib	Name	Club	D of Birth	Performance
1st	271	Asunmu Gloria	FB	22/5/1985	23.25sec
2nd	371	Osazuwa Agnes	CD	26/06/1989	23.83sec
3rd	318	Uwakwe Nkiruka	ICDO		23.90sec
4th	132	Bassejy Miriam	CRS		24.78sec
5th	954	Konoliyonoi Judith	GEJ		25.30sec
6th	470	Abibatu Yusuf	Police		25.31sec

9.50am 200m Women Heat 3 Wind: -0.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	426	Akene Suzan	NSCDC		24.34sec
2nd	115	Justina Sule	NSCDC	30/7/1989	24.50sec
3rd	26	Odeyemi Oluwaseun	D-A Class	21/11/1995	24.51sec
4th	140	Patience Okon	CRS		24.70sec
5th	239	Seedu Bose	Ekiti		25.07sec
6th	907	Adegoke Charity	Delta	12/10/1993	25.32sec
7th	459	Aboluwade Yetunde	Ondo		25.37sec
8th	3	Chukwu Chinenye	A-Class		26.22sec

10.00am Javelin Women Heptathlon

Orde	Bib	Name	Club	D of Birth	Performance
1	554	Ayemobah Grace	Sloektan	26/12/81	
2	191	Osazuwa Naomi	Delta	23/11/1987	
3	461	Kemi Francis	Ondo	7/3/1993	
4	235	Okoro Patience	Edo	10/7/1984	
5	127	Osibanjo Temidayo R.	Christable	15/05/1996	



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6	407	Uche Obi	Prisons	29/10/1989	
7	47	Anefuna Anwuuka J.	ASFA Nimo	14/05/1995	
8	75	Monica Ameh	Benue	12/12/1983	

10.10am 200m Men Heat 1 Wind: -0.4mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	120	Ogunmakinju Tosin	CDA	3/3/1993	21.70sec
2nd	260	Ogunjobi Lukman	Police	13/07/1994	21.71sec
3rd	162	Isah Salihu	Customs	02/11/1991	22.02sec
4th	520	Akinjobi Lukman	Police		22.26sec
5th	287	Attah Innocent	FCT	29/12/1993	22.49sec
6th	345	Peter Ibrahim	Immigration	10/4/1987	22.94sec
7th	11	Austin Eberechi Udeagu	Abia	14/08/1988	23.84sec

10.10am 200m Men Heat 2 Wind: -1.8mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	130	Akinniyi Nicholas	Christable		22.00sec
2nd	466	Ogunmakinju Adeleye	Ondo		22.45sec
3rd	18	Promise Anosike	Abia		22.72sec
4th	123	Anuwobi Ugochukwu	AKS		22.74sec
5th	325	Adeola Efunbile	Bayelsa		22.83sec
6th	374	Auguine Oma	Kebbi		24.98sec

10.10am 200m Men Heat 3 Wind: -1.4mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	524	Akomolafe Ademola	Police		21.99sec
2nd	505	Chijoke Ukwonma	Police		22.18sec
3rd	202	Bamishe Gboyega	Delta	1/7/1985	22.26sec
4th	116	Bode Gbadebo	Bayelsa		22.94sec
5th	910	Ilenti Christopher	A/Ibom		23.02sec

10.10am 200m Men Heat 4 Wind: -0.5mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	211	Elvis Ukale	Delta	6/3/1991	21.39sec
2nd	17	Mmaju Jonathan	Abia	9/11/1989	21.80sec
3rd	152	Ifiok Andrew	Cross River		21.88sec
4th	539	Bernard Ejoeh	Jigawa		22.81sec
5th	375	Kola Adekanye	Kebbi	12/8/1987	22.84sec
6th	12	Believer Johnson	Abia		23.33sec

10.10am 200m Men Heat 5 Wind: -0.7mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	411	Metu Obinna	Prison	12/7/1988	21.48sec
2nd	196	Benedict Ajiduah	Delta	5/6/1986	21.86sec
3rd	245	Odelusi Ayokunle	Ekiti	18/9/89	22.24sec
4th	553	Sanni Muhammed	Rivers	1/10/1994	23.31sec
5th	225		Eagle Sight	10/10/1995	23.38sec
6th	943	Teni Isaiah	Rivers	29/12/95	23.49sec

10.10am 200m Men Heat 6 Wind: -1.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	117	Agbaje Fredrick	NSCDC	26/6/1988	21.38sec





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Pos	Bib	Name	Club	D of Birth	Performance
2nd	201	Stanley Gbagbeke	Delta	24/07/1989	21.75sec
3rd	161	Usoro Ekomobong Eno	CRS		21.92sec
4th	500	Akinleye Abimbola	Police		22.38sec
5th	305	Josiah A. Orabere	JNT		22.66sec
6th	939	Ifadele Darlington	Rivers		23.30sec

10.15am 5,000m Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	157	Isimail Sadjo		CRS	14:30.83sec
2nd	900	Kayode Seriki	SAC	15/06/1994	14:34.51sec
3rd	111	Emmanuel Gyang	13/8/93	CDA	14:43.49sec
4th	172	John Bulus	13/2/81	CDA	15:33.25sec
5th	76	Mtonga Solomon	15/2/89	Benue	15:52.66sec
6th	937	Taiwo Osuolale	Ondo	20/06/1993	15:55.71sec
7th	138	Hem Isiah		CRS	15:56.64sec
8th	919	Kefas Williams	Police		16:16.64sec
9th	956	Emmanuel Benedict	Kaduna	12/12/1995	17:38.44sec

Discus Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	277	Okolie Okwukwe	FB	19/12/1989	49.08m
2nd	278	Okoro Chinwe	FB	20/6/1989	46.79m
3rd	577	Adeoye Funke	Edo		43.05m
4th	487	Osaki-Peri Obubuleye	Police		40.68m
5th	298	Ibhaguezeje Uwaje	FUTA		40.09m
6th	252	Stella Okpokwu	Enugu		37.97m
7th	102	Udeh Oluchi	Buka Tigers		36.37m
8th	398	Lara Samuel	Navy		35.89m

Triple Jump Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	208	Oke Tosin	Delta	1/10/1980	17.14m +1.8
2nd	453	Shodipo Busayo	NSCDC		15.66m +1.2
3rd	409	George Jones	Prison	24/11/1985	15.30m +1.0
4th	435	Abiola Olajide	NSCDC	8/7/1993	15.28m +1.0
5th	527	Opurum Gift	Police		15.18m +1.6
6th	501	Akinoso Adebayo	Police		14.71m +1.5
7th	515	Lebi Psalm	Police		14.60m +2.1
8th	516	Ogbinaka Elvis	Police		14.01m +1.8

11.00am Hammer Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	185	Obisesan Queen	Delta		58.39m
2nd	579	Bidemi Balogun	FB	4/6/1992	56.47m
3rd	926	Ogun Bolanle Caroline	Delta	9/2/1977	54.11m
4th	180	Daramola A Feyisayo	Delta		52.19m
5th	167	Quadri Rashedat	Defender		51.15m
6th	398	Lara Samuel O.	Navy	1990	46.75m



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Hammer

Men Final  
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Pos	Bib	Name	Club	D of Birth	Performance
1st	439	Baba Ibrahim	NSCDC		53.14m
2nd	950	Charles Ojesebhole	Rivers		50.69m
3rd	229	Ganiyu Monsuru	Eagle Sight		46.63m
4th	294	Onayanse Felix	Felsecure		43.52m
5th	957	Ekanem Godknows	NSCDC		39.57m
6th	29	Ogunjobi Ayomidun	Air Force		38.45m

11.00am 800m Men Heat 1

Pos	Bib	Name	Club	D of Birth	Performance
1st	436	Agu Justine	NSCDC	18/10/1989	1:54.30sec
2nd	513	Ishaku Mohammed	Police	18/10/1991	1:54.92sec
3rd	941	Hope Nagbi	Rivers	27/12/1994	1:57.11sec
4th	150	Enwa David	Cross River		1:58.11sec
5th	372	Sheneni Yunsa	Kano	15/5/1994	1:59.42sec
6th	509	Sunday Adiwu	Police	12/4/1989	2:25.96sec

11.00am 800m Men Heat 2

Pos	Bib	Name	Club	D of Birth	Performance
1st	24	Barnabas David	ABU		1:56.70sec
2nd	445	Musa Godfry	NSCDC	10/10/1992	1:57.02sec
3rd	155	Monday Faith	Cross River		1:58.14sec
4th	360	Abdullahi Musa	Kaduna	6/24/1992	1:58.40sec
5th	901	Otukoya Samson	Rivers	14/02/1992	2:02.54sec
6th	64	Felix Musa	Bauchi		2:03.63sec

11.00am 800m Men Heat 3

Pos	Bib	Name	Club	D of Birth	Performance
1st	549	Bangbala Rahaman	Rivers	3/4/1992	1:58.14sec
2nd	915	Victor Edet	AKS		1:58.71sec
3rd	945	Oyetunji Tobi	Police	9/1/1984	1:58.99sec
4th	116	Adeosun Adefemi	FUTA		1:59.80sec
5th	147	Effiom Bassey	Cross River		2:02.39sec
6th	87	Godwin Apuu	Benue	1/2/1992	2:02.49sec
7th	396	Pam Dung	Mountainers	11/25/1986	2:06.84sec
8th	561	Ayeni Tunde	UNAD		2:55.67sec

10.30am 100m Men Decathlon Wind: -0.4mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	83	Abu A. Kpa	Benue		11.00sec
2nd	940	Tadius Okpara	Rivers	7/7/1994	11.23sec
3rd	98	Okoroafo Nwabueze Lee	British Army	9/12/1975	11.52sec
4th	400	Akpata Raphael	Navy	11/16/1979	11.69sec
5th	10	Arinze Okafor	Abia	30/09/1986	11.80sec

10.30am 100m Men Decathlon Wind: 0.7mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	444	Himmah Charles	NSCDC	14/04/1984	11.35sec
2nd	531	Yusutu Rafun	Police		11.36sec
3rd	555	Pere Oruwuru	Sloektan	20/03/93	11.98sec
4th	228	Egbeogu Uzodinma	Eaglesight	09/03/83	12.00sec





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5th	933	Lai Marcus	Police	15/12/1976	12.30sec
6th	52	Simeon Ahumuku	ASFA NIMO		12.62sec

11.40am Long Jump Men Decathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	400	Akpata Raphael	Navy	11/16/1979	7.11m +2.0
2nd	98	Okoroafo Nwabueze Lee	British Army	9/12/1975	6.64m +1.2
3rd	940	Tadius Okpara	Rivers	7/7/1994	6.47m +0.1
4th	444	Himmah Charles	NSCDC	14/04/1984	6.45m +1.2
5th	10	Arinze Okafor	Abia	30/09/1986	6.30m +0.0
6th	83	Abu Akpa Bernard	Benue	7/8/1985	6.28m +0.9
7th	555	Pere Oruwuru	Sloektan	20/03/93	6.19m +1.5
8th	228	Egbeogu Uzodinma	Eaglesight	09/03/83	5.94m +0.0
9th	531	Rafiu Yusuf	Police		5.72m +0.3
10th	52	Alumiku Simeont	ASFA Nimo	2/9/1992	5.39m +1.6
11th	933	Lai Marcus	Police	15/12/1976	4.98m +1.5

11.5C 4x100r Men

Heat I

Pos	Bib	Name	Club	D of Birth	Performance
1st	320-320		NSCDC		40.16sec
2nd	152-152		CRS		40.93sec
3rd	524-305		Police		41.04sec
4th	306-520		Bayelsa		41.67sec
5th	752		Jigawa		42.47sec
6th	939--553		Rivers		42.67sec
7th	465-466		Ondo		

4x100r Men

Heat II

Pos	Bib	Name	Club	D of Birth	Performance
1st	200-200		Delta		40.59sec
2nd	280-280		Prisons		41.19sec
3rd	319-319		ICDO		41.47sec
4th	500-245		Ekiti		41.99sec
5th	120-120		CDA		42.80sec
6th	911-910		AKS		43.35sec
7th	559-558		UNAD		

Women

Javelin

Heptathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	461	Kemi Francis	Ondo	7/3/1993	40.61m
2nd	235	Okoro Patience	Edo	10/7/1984	40.40m
3rd	191	Osazuwa Naomi	Delta	23/11/1987	33.75m
4th	75	Monica Ameh	Benue	12/12/1983	33.14m
5th	407	Uche Obi	Prison	29/10/1980	29.29m
6th	554	Ayemoba Grace	Sloektan	26/12/81	22.82m
7th	127	Osibanjo Temidayo	Christable	15/05/1996	21.03m
8th	47	Anefunu Anwuuka	ASFA NIMO	14/05/1995	19.01m

800m

Women

Heptathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	461	Kemi Francis	Ondo	7/3/1993	2:24.14sec
2nd	191	Osazuwa Naomi	Delta	23/11/1987	2:24.80sec
3rd	47	Anefunu Anwuuka	ASFA NIMO	14/05/1995	2:39.29sec
4th	554	Ayemoba Grace	Sloektan	26/12/81	2:40.84sec





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5th	235	Okoro Patience	Edo	10/7/1984	2:41.34sec
6th	407	Uche Obi	Prison	29/10/1980	2:48.40sec
7th	127	Osibanjo Temidayo	Christable	15/05/1996	2:56.15sec
8th	75	Monica Ameh	Benue	12/12/1983	2:57.10sec

Shot Put			Men	Decathlon	
Pos	Bib	Name	Club	D of Birth	Performance
1st	10	Arinze Okafor	Abia		13.13m
2nd	98	Okoroafo Nwabueze	British Army	9/12/1975	12.60m
3rd	444	Himmah Charles	NSCDC		11.88m
4th	228	Egbeogu Uzodinma	Eagle Sight		10.96m
5th	531	Rafiu Yusuf	Police		10.54m
6th	83	Abu Akpa Bernard	Benue		10.18m
7th	400	Akpata Raphael	Navy	11/16/1979	9.87m
8th	933	Lai Marcus	Police		8.95m
9th	52	Alumiku Simeon	ASFANIMO		8.28m
10th	940	Tadius Okpara	Rivers		7.66m
11th	555	Pere Oruwuru	Sloektan		7.16m

800m			Women	Heat I	
Pos	Bib	Name	Club	D of Birth	Performance
1st	178	Chimekwene Grace	Delta		2:08.41sec
2nd	80	Shimenege Agber	Benue		2:10.06sec
3rd	55	Rita Odigbo	Anambra		2:12.95sec
4th	484	Odejobi Bunmi	Police		2:13.85sec
5th	6	Nwokegi Chinozo	Abia		2:16.05sec
6th	141	Songha Marietta	Cross River		2:16.32sec
7th	418	Ifeme Rita	Prison		2:18.08sec
8th	373	John Glory	Kebbi		2:41.11sec

800m			Women	Heat II	
Pos	Bib	Name	Club	D of Birth	Performance
1st	432	Ihekandu Philomena	NSCDC		2:07.94sec
2nd	275	Ogunmokun Brittany	FB	26/5/1990	2:09.31sec
3rd	460	David Abiye	Ondo		2:17.34sec
4th	952	Egbeyemi Abike	Osheku		2:18.11sec
5th	354	Iliya Grace	Kaduna	3/16/1994	2:22.57sec
6th	486	Oribamise Olajumoke	Police		2:30.69sec

High Jump			Men	Decathlon	
Pos	Bib	Name	Club	D of Birth	Performance
1st	400	Akpata Raphael	Navy	11/16/1979	1.90m
2nd	940	Tadius Okpara	Rivers		1.85m
3rd	98	Okoroafo Nwabueze Lee	British Army	9/12/1975	1.70m



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Pos	Bib	Name	Club	D of Birth	Performance
4th	444	Himmah Charles	NSCDC		1.70m
5th	10	Arinze Okafor	Abia		1.70m
6th	83	Abu Akpa Bernard	Benue		1.65m
7th	531	Rufai Yusuf	Police		1.65m
8th	228	Egbeogu Uzodinma	Eagle Sight		1.60m
9th	52	Alumiku Simeon	ASFA NIMO		1.55m
10th	555	Pere Oruwuru	Sloektan		1.55m
11th	933	Lai Marcus	Police		

Javelin Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	235	Okoro Patience	Edo	10/7/1984	42.74m
2nd	77	Priscilla Zever	Benue		39.78m
3rd	1	Augustina Afor	Abia		39.01m
4th	473	Itua Benedicta	Police		38.10m
5th	461	Kemi Francis	Ondo	7/3/1993	36.90m
6th	48	Okeke Onyinye	ASFA NIMO	12/6/1993	33.42m
7th	133	Clement Grace	CRS		32.23m
8th	51	Ugeh Kasie	ASFA NIMO	17/10/1996	29.82m

10,000m Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	381	Deborah Pam	Mountainers		37.02.85sec
2nd	72	Iwanger Akaha	Benue	6/14/1992	37.15.97sec
3rd	458	Agidi Omoyemi	Ondo	22/09/1993	37.39.25sec
4th	382	Hudung Gyang			38.18.27sec
5th	955	Mbawuhen Iorember	Benue	4/21/1994	38.29.21sec
6th	352	Daniel Blessing	Kaduna	3/5/1995	38.59.46sec
7th	958	Olumodi Aderonke	Rivers	3/11/1992	39.02.08sec
8th	353	Danlami Dorcas	Kaduna	5/15/1994	39.21.73sec
9th	922	Nkoju Genevive			39.50.67sec

110m Hurdles Men Final Wind: - 0.9mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	447	Okon Samuel	NSCDC		13.92sec
2nd	281	Nurudeen Selim	FB	1/2/1983	13.95sec
3rd	519	Oghieriaki Martins	Police	6/6/1993	14.16sec
4th	518	Ogedegbe Tosin	Police	10/7/1989	14.19sec
5th	903	Deinma Afiesimama	Inan Stan		14.54sec
6th	122	Pesu Godfry	CDA	10/7/1988	14.57sec
7th	123	Utip Wisdom Benjamin	CDA	25/01/1992	14.72sec
8th	904	Chime Zedekiah	Inan Stan		14.90sec

1,500m Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	80	Shimenege Agber	Benue	12/2/1993	4:32.65sec
2nd	4	Chinonso Nwoko	Abia	4/4/1996	4:43.06sec
3rd	460	David Abiye	Ondo	5/2/1994	4:48.69sec
4th	546	Ogunkoya Muibat	Rivers	11/5/1994	5:09.27sec
5th	486	Oribamise Olajumoke	Police	29/9/93	5:18.78sec
6th	355	Moses Comfort	Kaduna	5/2/1994	5:22.24sec







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7th	373	John Glory	Kebbi	8/2/1992	5:50.26sec
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1,500m Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	322	Gowok Joshua K.	ICDO	30/10/1987	3:54.56sec
2nd	499	Ajani Abiodun	Police	31/12/1988	3:57.04sec
3rd	452	Osheku Lawrence	NSCDC	4/9/1982	3:58.03sec
4th	356	Marcus Daniel	Kaduna	6/20/1998	4:05.88sec
5th	150	Enwa David	CRS		4:06.18sec
6th	262	Pascal Iyoke	Enugu		4:06.18sec
7th	87	Godwin Apuu	Benue	1/2/1992	4:06.36sec
8th	405	Audu Musa	Prison	15/6/1899	4:22.42sec
9th	76	Solomon Mtonga	Benue	1/15/1989	DNF

400m Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	314	Abogunloko Bukola	ICDO	18/08/1994	52.35sec
2nd	433	Ajoke Odumosu	NSCDC	24/10/1987	52.59sec
3rd	463	Omotosho Omolara	Ondo	25/05/1993	52.74sec
4th	430	Etim Margaret	NSCDC	23/11/1992	52.98sec
5th	272	Mayungbe Ibukun Blessing	FB	15/4/1992	53.16sec
6th	189	Chizoba Okodogbe	Delta	3/11/1992	53.17sec
7th	318	Uwakwe Florence Nkiru	ICDO	7/28/1994	53.65sec
8th	378	Rita Ossai	Mausi	10/21/1995	53.67sec

400m Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	443	Godday James	NSCDC	1/1/1984	45.93sec
2nd	324	Ogunmola Tobi	NSCDC	6/29/1991	46.15sec
3rd	533	Segun Ogunkole	Police	6/11/1984	46.36sec
4th	94	Saul Weigopwa	Border Post	6/14/1984	46.57sec
5th	450	Abiola Onakoya	NSCDC	10/10/1990	46.74sec
6th	446	Noah Akwu	Civil Defence	23/09/1990	47.11sec
7th	226	Augustine Ogochukwu	Eagle	2/8/2987	47.26sec
8th	454	Victor Isaiah	NSCDC	20/09/1987	47.49sec

100m Hurdles Women Final Wind: 1.9mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	174	Adigun Seun	Delta	3/1/1987	13.47sec
2nd	276	Ohanaja Jessica	FB	6/12/1985	13.80sec
3rd	191	Osazuwa Uhunoma	Delta		14.05sec
4th	554	Ayemoba Grace	Sloektan	26/12/81	14.18sec
5th	485	Ogundana Funmi	Police	12/12/1980	14.37sec
6th	918	Efe Favour	Rivers	14/05/1994	14.66sec
7th	219	Eferobor Ogheretajiri	Eagle Sight	10/9/1990	14.80sec
8th	428	Digha Joy	NSCDC	1/6/1986	16.28sec





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Heptathlon			Women	Wind: 1.9mps	
Pos	Bib	Name	Club	D of Birth	Performance
1st	191	Osazuwa Naomi	Delta	23/11/1987	5,668 Pts
2nd	235	Okoro Patience	Edo	10/7/1984	5,071 Pts
3rd	461	Kemi Francis	Ondo	7/3/1993	4,757 Pts
4th	554	Ayemoba Grace	Sloektan	26/12/81	4,565 Pts
5th	407	Uche Obi		29/10/1980	3,854 Pts
6th	75	Monica Ameh	Benue	12/12/1983	3,724 Pts
7th	127	Osibanjo Temidayo R.	Christable	15/05/1996	3,689 Pts
8th	47	Anefunu Anwuuka	ASFA NIMO	14/05/1995	2,983 Pts

Girls Sec.(Sch.) Invitational			4x100m	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	961	GSS Akim			50.80sec
2nd	960	WAPI	Diamond Hill		53.34sec
3rd	963	Girls Sec. School	Big Qua		54.29sec
4th	964	Govt. Sec. School	Fed. Housing		56.36sec
5th	965	Army Day			59.11sec
6th	962	Government College	Ikot Ansa		60.56sec

Boys Sec.(Sch.) Invitational			4x100m	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	967	Lime Light Sec. Sch.			45.46sec
2nd	966	WAPI			45.79sec
3rd	968	G.S.S. Akim			46.95sec
4th	970	Army Day Sec. Sch.			47.52sec
5th	971	Govt. College Ikot Ansa			49.77sec
6th	969	G.S.S. Fed. Housing			50.30sec

High Jump			Men	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	279	Bayo Adio	Delta		2.10m
2nd	118	Arinze Obiora	CDA	15/12/1985	2.05m
3rd	442	Emudaola Walter	NSCDC	30/05/1992	1.95m
4th	496	Afam Nwago	Police	1/3/1984	1.95m
5th	248	Taiwo Sunday	Ekiti		1.95m
6th	940	Okpara Theodous	Rivers	7/7/1994	1.85m
	438	Ashipa Abayomi	NSCDC	2/7/1987	
	953	Omodunmiju Tunde	Ondo	29/11/1993	

7.00am Half Marathon			Women	Final	
Pos	Bib	Name	Club	D of Birth	Performance
1st	547	Pereira Bukola	Rivers		1:27.31.38sec
2nd	78	Sanga Mammyer	Benue		1:29;03.01sec
3rd	112	Kebang Maria	CDA	2/3/2986	1:29:05.23sec
4th	429	Dung Janet	NSCDC	2/1/1987	1:30:10.48sec
5th	959	Blessing Peter	Kaduna		1:34:07.67sec
6th	493	Yuhanah Dinatu	Police		1:34:32.82sec
7th	474	Queensley Asedo	Police		1:36:35.36sec
8th	143	Chidinma Peace	CRS		1:41:22.10sec



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9th	384	Gang Weng Mary	Plateau	23rd -25th June, 2011	1:43:01.70sec
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7.15am Half Marathon Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	95	Tokbe Christopher	Borno		1:06:28.03sec NR
2nd	900	Seriki Kayode	S/A		1:07:31.66sec
3rd	312	Stephen Jurbe	High Altitude		1:07:38.76sec
4th	138	Etim Isaiah	CRS		1:11:20.24sec
5th	364	Sunday James	Kaduna		1:13:03.51sec
6th	931	Olusanya Femi	Police		1:13:29.60sec
7th	197	Bulus Marcus	Delta		1:13:42.40sec
8th	335	Dayong Sylvester	Immigration	3/13/1991	1:15:13.88sec
9th	311	Razaq Azeez	Greater Tomorrow	7/4/1994	1:18:06.22sec
10th	898	Lolo Leilly	Lagos		1:18:06.92sec

NR subject to ratification

9.00am Pole Vault Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	492	Williams Maureen	Police	21/12/1987	2.80m
2nd	387	Sunday Stephenie	Mountainers	8/14/1992	2.70m
3rd	16	Aruya Hope	CDA	11/5/1986	2.70m
4th	81	Theresa Ede	Benue	10/15/1983	2.60m

9.45am Pole Vault Men Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	916	Dennis Inah	Akwa Ibom	6/6/1990	3.80m
2nd	556	Soetan Lekan	Sloektan	23/08/72	3.50m
3rd	92	Sunday Ochapa	Benue	7/4/1987	3.50m

9.00am 110m Hurdles Men Decathlon Heat I Wind: -0.1mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	98	Okoroafo Nwabueze Lee	British Army	9/12/1975	15.31sec
2nd	444	Himmah Charles	NSCDC	14/04/1984	15.63sec
3rd	400	Akpata Raphael	Navy	11/16/1979	17.89sec
4th	10	Arinze Okafor	Abia	30/09/1986	17.78sec
5th	933	Lai Marcus	Police	15/12/1976	21.12sec
6th	52	Alumiku Simeon	ASFA Nimo	2/9/1992	21.77sec

9.00am 110m Hurdles Men Decathlon Heat II Wind -0.2mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	228	Egbeogu Uzodinma	Eaglesight	09/03/83	16.77sec
2nd	940	Tadius Okpara	Rivers	7/7/1994	17.11sec
3rd	555	Pere Oruwuru	Sloektan	20/03/93	17.77sec
4th	83	Abu Akpa Bernard	Benue	7/8/1985	17.78sec
5th	531	Rafiu Yusuf	Police		18.08sec
6th	416	Onoche Morgah	Prisons	5/17/1989	DNS
7th	39	Anulika Aniefuna	Anambra	19/05/1995	DNS



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9.30am 200m Men Semi Final 1 Wind: - 0.0mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	117	Agbaje Fredrick	CDA	26/06/1988	21.35sec
2nd	120	Ogunmakinju Tosin	CDA	3/3/1993	21.39sec
3rd	260	Nwafor Onyeji	Enugu	28/8/1992	21.50sec
4th	196	Ajiduah Benedict	Delta	6/5/1986	22.02sec
5th	152	Ifiok Andrew	Cross River		22.37sec
6th	505	Chijoke Ukwonma	Police	12/2/1989	22.42sec
7th	201	Gbagbeke Stanley	Delta	24/07/1989	DNS
8th	162	Isah Salihu	Customs	2/11/1991	DNS

9.30am 200m Men Semi Final 2 Wind: -0.3mps

Pos	Bib	Name	Club	D of Birth	Performance
1st	411	Metu Obinna	Prisons	12/7/1988	21.03sec
2nd	211	Ukale Elvis	Delta	6/3/1991	21.11sec
3rd	524	Akomolafe Ademola	Police	1/2/1994	21.61sec
4th	466	Ogunmakinju Adeleye	Ondo	14/6/1992	21.73sec
5th	130	Akinniyi Nicholas	Christable	18/01/1985	21.85sec
6th	161	Usoro Ekom	Cross River		22.33sec

9.50am Discus Men Decathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	228	Egbeogu Uzodinma	Eaglesight	09/03/83	41.16m
2nd	98	Okoroafo Nwabueze Lee	British Army	9/12/1975	38.97m
3rd	10	Arinze Okafor	Abia	30/09/1986	38.08m
4th	531	Rafiu Yusuf	Police		30.40m
5th	444	Himmah Charles	NSCDC	14/04/1984	27.65m
5th	933	Lai Marcus	Police	15/12/1976	26.96m
7th	400	Akpata Raphael	Navy	11/16/1979	26.45m
8th	83	Abu Akpa Bernard	Benue	7/8/1985	24.47m
9th	52	Alumiku Simeont	ASFA Nimo	2/9/1992	20.86m
10th	555	Pere Oruwuru	Sloektan	20/03/93	17.55m

9.45am 400m Hurdles Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	433	Odumosu Ajoke	NSCDC	27/10/1987	56.24sec
2nd	601	Leslie Njoku	Delta	30/05/1989	57.69sec
3rd	905	Ann Nwogu	Rivers	10/1/1995	58.51sec
4th	918	Favour Efe	Rivers	14/05/1994	63.80sec
5th	124	Adekoya M, Oluwakemi	Christable	16/01/1993	64.04sec
6th	359	Ugboma Evelyn	Kaduna	3/21/1990	73.29sec

400m Hurdles Men Final

Pos	Bib	Name	Club	D of Birth	Performance
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Pos	Bib	Name	Club	D of Birth	Performance
1st	422	Iyoha Lucky	Prisons	7/6/1987	51.99sec
2nd	523	Okoro Chukwugozie	Police		52.00sec
3rd	535	Tajudeen Oyewole H.	Police		53.22sec
4th	518	Ogedengbe Tosin	Police		53.23sec
5th	203	Maduadi Chibike	Police		54.28sec
6th	12	Believer Johnson	Abia		54.90sec
7th	145	Bassey Edet	C/River		55.24sec
8th	526	Omope Samuel	Police		55.33sec

800m Women Final					
Pos	Bib	Name	Club	D of Birth	Performance
1st	275	Ogunmokun Brittany	FB	26/5/1990	2:10.58sec
2nd	432	Ihekandu Philomena	NSCDC	5/3/1990	2:10.87sec
3rd	178	Chimekwene Grace	Delta		2:11.02sec
4th	55	Rita Odigbo	Anambra	4/11/1996	2:15.49sec
5th	4	Nwokeji Chinozo	Abia		2:15.75sec
6th	484	Odejobi Bunmi	Police	2/7/1987	DNS

1st	436	Agu Justine	NSCDC		1:51.34sec
2nd	513	Ishaku Mohammed	Police		1:51.76sec
3rd	445	Musa Godfrey	NSCDC		1:52.58sec
4th	24	Barnabas	ABU		1:54.40sec
5th	941	Hope Nagbi	Rivers		1:55.13sec
6th	150	Enwa David	CRS		1:57.51sec
7th	915	Victor Edet	AKS		1:58.09sec
8th	549	Bangbala Rahaman	Rivers		1:59.92sec

Long Jump Men Final					
Pos	Bib	Name	Club	D of Birth	Performance
1st	201	Gbagbeke Stanley	Delta	24/07/1989	7.90m +0.8
2nd	168	Anota Sola	Defender	4/8/1985	7.74m +1.4
3rd	524	Oladimeji Toyin	Police	1/2/1992	7.50m +0.4
4th	336	Ajijo Ayodeji	Immigration	20/05/1977	7.23m +0.0
5th	504	Bamigbose Olorunwa	Police		7.05m +0.0
6th	243	Akinyemi Victor	Ekiti		6.74m +0.0
7th	264	Dayo Johnson	Esteem		6.60m +0.1
8th	400	Akpata Raphael	Navy	11/16/1979	6.57m +0.5

High Jump Men Final					
Pos	Bib	Name	Club	D of Birth	Performance
1st	279	Bayo Adio	Delta		2.10m
2nd	118	Arinze Obiora	CDA		2.05m
3rd	442	Emudaola Walter	NSCDC		1.95m
4th	496	Afam Nwago	Police		1.95m
5th	248	Taiwo Sunday	Ekiti		1.95m
6th	940	Okpara Theodous	Rivers		1.85m
7th	438	Ashipa Abayomi	NSCDC		

200m Women Final					
Pos	Bib	Name	Club	D of Birth	Performance
1st	434	Osayomi Oludamola	NSCDC	26/06/1986	23.33sec
2nd	271	Asunmu Gloria	FB	22/5/1985	23.47sec
3rd	181	Endurance Abinuwa	Delta	31/07/1987	23.52sec





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Pos	Bib	Name	Club	D of Birth	Performance
4th	317	Osazuwa Agnes	ICDO	26/06/1989	23.64sec
5th	318	Uwakwe Florence	ICDO		24.08sec
6th	426	Akene Suzan O.	NSCDC		24.57sec
7th	115	Sule Justina	CDA	30/7/1989	24.58sec

3,000m Steeple Chase      Men      Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	157	Isimail Sanji	CRS		9:22.61sec
2nd	96	Grema Mohammed	Borno		9:26.47sec
3rd	337	Ajuji Sharon	Immigration		9:27.11sec
4th	65	Nasiru Kobi	Bauchi		9:27.32sec
5th	391	Gyang Yakubu	Mountainers		9:45.23sec
6th	166	Ngwom Simon	Defenders		9:59.70sec
7th	477	Buba Ahmadu	Police		10:15.27sec
8th	930	Peter J. Gochin	Nasarawa		10:33.01sec
9th	91	Kuku Simon	Benue		

4x100m International      Relay Men      Final

Pos	Bib	Name	Club	D of Birth	Performance
1st		National Team A	NGR		39.76sec
2nd		National Team B	NGR		40.22sec
3rd		NSCDC	NSCDC		40.84sec
4th		Police	Police		41.32sec
5th		Cross River State	Cross River State		41.40sec
6th		Prisons	Prisons		41.59sec
7th		Ethiopia	Ethiopia		41.98sec

4x100m International      Relay      Women

Pos	Bib	Name	Club	D of Birth	Performance
1st	972	National Team A	NGR		43.34sec
2nd	974	National Team B	NGR		44.91sec
3rd	174	Delta	Delta		45.83sec
4th	132	Cross River State	Cross River State		46.00sec
5th	973	Ethiopia	Ethiopia		46.45sec
6th	918	Police	Police		47.34sec
7th	237	Ekiti	Ekiti		47.53sec

Long Jump Women      Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	188	Okagbare Blessing	Delta	9/10/1988	6.78m +1.5
2nd	190	Onyali Comfort	Delta	25/04/1983	6.57m +0.6
3rd	545	Otonye Iworima	Rivers	13/04/1976	5.87m +1.0
4th	404	Amadi Chinazom	Prisons		5.83m +0.4
5th	804	Ibrahim Blessing	NSCDC	4/4/1990	5.74m +1.2
6th	543	Adewale Adebusola	Rivers		5.60m +1.6



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7th	425	Ajaude Nnenna	NSCDC	23rd -25th June, 2011	5.45m +0.4
8th	7	Nneoma Brown	Abia		5.10m +0.7

Discus Men

Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	408	Ezeofor Kenechukwu	Prisons		50.80m
2nd	173	Osi Sunday Denis	Defender		48.86m
3rd	206	Nwoye Augustine	Delta		47.28m
4th	131	Olatunji Olawale	Christable		45.14m
5th	552	Onukwue Ifeanyi	Rivers		43.85m
6th	464	Babalola Toba	Ondo		42.72m
7th	944	Francis Ugochukwu	Imo		39.16m
8th	957	Ekanem Godknows	NSCDC		37.63m

Javelin Men

Decathlon

Pos	Bib	Name	Club	D of Birth	Performance
1st	98	Okoroafo Nwabueze Lee	British Army	9/12/1975	47.34m
2nd	477	Himmah Charles	NSCDC		41.38m
3rd	10	Arinze Okafor	Abia		41.03m
4th	228	Egbeogu Uzodinma	Eagle Sight		38.75m
5th	933	Lai Marcus	Police		37.47m
6th	531	Rafiu Yusuf	Police		37.33m
7th	400	Akpata Raphael	Navy	11/16/1979	33.68m
8th	52	Alumiku Simeon	ASFANIMO		30.95m
9th	555	Pere Oruwuru	Sloektan		29.91m
10th	940	Tadius Okpata	Rivers		28.06m
11th	83	Abu Akpa Bernard	Benue		26.45m

4x400m International

Relay Women

Pos	Bib	Name	Club	D of Birth	Performance
1st		National Team A	NGR		3:29.82sec
2nd		National Team B	NGR		3:35.27sec
3rd		Ethiopia	Ethiopia		3:36.85sec
4th		Delta	Delta		3:39.25sec
5th		Police	Police		3:49.20sec
6th		Cross River State	Cross R.S.		3:55.59sec

4x400m International Relay

Men

Pos	Bib	Name	Club	D of Birth	Performance
1st		National Team A	NGR		3:04.99sec
2nd		National Team B	NGR		3:07.06sec
3rd		Ethiopia	Ethiopia		3:08.28sec
4th		Police	Police		3:12.07sec
5th		NSCDC	NSCDC		3:15.83sec
6th		Cross River State	Cross R.S.		3:17.86sec
7th		Fappy Academy	Fappy Academy		3:25.48sec



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100m Veteran Race Men

Pos	Bib	Name	Club	D of Birth	Performance
1st	813	Emedolu Uchenna	Abia		11.49sec
2nd	807	Monye Michael	ABU		11.61sec
3rd	809	Suleiman Tunde	Osheku		11.75sec
4th	806	Adu Uremu	Esteem		12.26sec
5th	810	Akinpelu Saheed	Elele		12.50sec

High Jump Women Final

Pos	Bib	Name	Club	D of Birth	Performance
1st	217	Amata Doreen	Immigration		1.80m
2nd	163	Aruya Hope	Defenders		1.65m
3rd	110	Esiekpe Rukewe	CDA		1.65m
4th	221	Oyetaquin Queen	Eagle Sight		1.50m

Pos	Bib	Name	Club	D of Birth	Performance
1st	98	Lee Okoroafo	British Army	9/12/1975	6,285 Pts
2nd	444	Charles Himah	NSCDC	14/04/1984	5,571 Pts
3rd	228	Uzor Egbeogu	Eagle Sight	9/3/1983	5,393 Pts
4th	83	Abu Akpa	Benue		5,348 Pts
5th	10	Okafor Arinze	Abia		5,344 pts
6th	400	Akpata Raphael	Navy	11/16/1979	5,222 pts
7th	531	Yusuf Rafiu	Police		5,168 pts
8th	940	Okpara Thedus	Rivers		4,886 pts
9th	555	Oruwuru Pere	Sloektan		4,199 pts
10th	52	Simeon Alumuku	ASFA Nimo		4,016 pts
11th	933	Lai Marcus	Police		3,721 pts